



**Northern Periphery and
Arctic Programme**
2014-2020



EUROPEAN UNION

Investing in your future
European Regional Development Fund

E-health services for Patient Centered Healthcare Teams



RemoAge

REMOTE SUPPORT OF AGED PEOPLE

E-health services for Patient Centered Healthcare Teams

T1.3 Remote multi-professional support

T1.1 Remote activity support in the homes

T1.4 Flexible support of family carers

Summary

Patient Centred Healthcare Teams are inter-disciplinary teams that offer an integrated approach to providing coordinated health care to patients over 60 years with complex long-term needs. Tablets are used to support patient treatment and follow-up of patients outside of the hospital. The goal is to improve communication and facilitate information exchange between team members, with external health care professionals and with patients and their families. Tablets enable direct communication with patients or with other health personnel (team members or other health professionals across sectors) from the patient's home over videoconference. Short videos or pictures can be stored on the tablet to be shared with colleagues at a later point of time. The service has given better information about the patients' condition for all health professionals. Team members also report of better quality of consultations when videoconference is used instead of telephone, and that pictures saved in the EHRs may make better documentation than text alone. Travel costs for patients may be saved because their problem is solved in a videoconference consultation with health care professionals. Health care staff may save travel costs and travel time because they see the patient on videoconference instead of travelling to the patient's home or watch films or pictures recorded in the patient's home.

Typology of Impacts

Tangible impacts

- Improved access to services**
- Cost savings**
- Time savings**
- Reduced energy consumption
- Reduced environmental impact
- Business development
- Job creation
- Improved competitiveness
- Other tangible impacts (specify)

Intangible impacts

- Building institutional capacity**
- Raising awareness
- Changing attitudes and behavior
- Influencing policies
- Improving social cohesion
- Leveraging synergies
- Other intangible impacts**

Video

<https://vimeo.com/245201761>

Contact

Norwegian Centre for E-health Research

<https://ehealthresearch.no/>

P.O. 35, 9038 Tromsø

Contact person

Elin Breivik

Senior Adviser

elin.breivik@ehealthresearch.no

+47 481 54 808